



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

Heß, Thomas

Club: Burghaun

Number: 135

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 32:02

Speed: 11.24 km/h

Running performance: 5:14 min/km

Rank in course/Total: 20 (of 125)

Rank in course/Men: 15 (of 67)

Best time in course: 26:07

Rank in category: 2(of 7)

Best time in the category: 26:51