



## 3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

### Detailed evaluation

**DUX, Frederik**

Club: RhönSprudel Wassersportler

Number: 16

Course: 6.12 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 37:45

Speed: 9.54 km/h

Running performance: 6:10 min/km

Rank in course/Total: 45 (of 125)

Rank in course/Men: 35 (of 67)

Best time in course: 26:07

Rank in category: 8(of 12)

Best time in the category: 26:07