



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

DUX, Stefan

Club: RhönSprudel Wassersportler

Number: 15

Course: 6.12 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 37:45

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 46 (of 125)

Rank in course/Men: 35 (of 67)

Best time in course: 26:07

Rank in category: 3(of 5)

Best time in the category: 29:51