



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

SPORK, Sabine

Club: alex's little running club

Number: 99

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 39:46

Speed: 9.05 km/h

Running performance: 6:30 min/km

Rank in course/Total: 64 (of 125)

Rank in course/Women: 19 (of 58)

Best time in course: 27:26

Rank in category: 3(of 9)

Best time in the category: 35:35