



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

Rausch, Jürgen

Club: Fulda

Number: 120

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 28:05

Speed: 12.82 km/h

Running performance: 4:35 min/km

Rank in course/Total: 7 (of 125)

Rank in course/Men: 5 (of 67)

Best time in course: 26:07

Rank in category: 1(of 7)

Best time in the category: 28:05