



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

Schmidt, Norbert

Club: Niederaula

Number: 123

Course: 6.12 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 41:47

Speed: 8.62 km/h

Running performance: 6:50 min/km

Rank in course/Total: 76 (of 125)

Rank in course/Men: 48 (of 67)

Best time in course: 26:07

Rank in category: 4(of 5)

Best time in the category: 29:51