



## 3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

### Detailed evaluation

**Seng, Michael**

Club: Neuhof

Number: 131

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 42:16

Speed: 8.52 km/h

Running performance: 6:55 min/km

Rank in course/Total: 80 (of 125)

Rank in course/Men: 50 (of 67)

Best time in course: 26:07

Rank in category: 6(of 7)

Best time in the category: 26:51