



## 3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

### Detailed evaluation

Glüber, Michael

Club: Laufftreff Speeketze Marbach

Number: 136

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 29:14

Speed: 12.31 km/h

Running performance: 4:47 min/km

Rank in course/Total: 9 (of 125)

Rank in course/Men: 7 (of 67)

Best time in course: 26:07

Rank in category: 2(of 7)

Best time in the category: 28:05