



### 3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

#### Detailed evaluation

**FRANKE, Stefan**

Club: TLV-LT Eichenzell

Number: 26

Course: 6.12 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 44:44

Speed: 8.05 km/h

Running performance: 7:19 min/km

Rank in course/Total: 99 (of 125)

Rank in course/Men: 57 (of 67)

Best time in course: 26:07

Rank in category: 5(of 7)

Best time in the category: 34:31