



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

WEISHEIT, Ronny

Club: Ahorn
Number: 1416

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:51:30

Speed: 5.60 km/h
Running performance: 10:13 min/km

Rank in course/Total: 364 (of 416)

Rank in course/Men: 301 (of 341)

Best time in course: 1:17:13

Rank in category: 69(of 75)

Best time in the category: 1:17:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:04:33	8:43	69	32:16	294	32:16	7.40	1:04:33	8:43	69	32:16	294	32:16
Mühlburg	8.57	1:26:15	10:03	67	48:27	299	48:31	15.97	2:30:48	9:26	68	1:20:43	297	1:20:45
Sportplatz Mühlb	0.81	20:42	25:33	72	13:29	314	13:32	16.78	2:51:30	10:13	69	1:34:12	305	1:34:17