



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

**POHLING, Stan**

Club: Leipzig  
Number: 475

Course: 9.50 km  
SPRINT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 59:47

Speed: 9.03 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 26 (of 673)

Rank in course/Men: 25 (of 411)

Best time in course: 43:20

Rank in category: 3(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	50:05	5:45	2	3:14	22	12:56	8.69	50:05	5:45	2	3:14	22	12:56
Sportplatz Mühlb	0.81	9:42	11:58	7	0:58	34	3:31	9.50	59:47	6:17	3	3:08	25	16:27