



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

RUPPRECHT, Jörg

Club: Vippacher Sport Orden
Number: 1330

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:53:51

Speed: 5.79 km/h
Running performance: 10:22 min/km

Rank in course/Total: 373 (of 416)

Rank in course/Men: 308 (of 341)

Best time in course: 1:17:13

Rank in category: 35(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:08:45	9:17	35	23:30	318	36:28	7.40	1:08:45	9:17	35	23:30	318	36:28
Mühlburg	8.57	1:27:39	10:13	35	33:39	305	49:55	15.97	2:36:24	9:47	35	57:09	311	1:26:21
Sportplatz Mühlb	0.81	17:27	21:32	32	7:47	277	10:17	16.78	2:53:51	10:21	35	1:04:40	312	1:36:38