



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ZORN, Henry

Club: Gera
Number: 2245

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:00:42

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 31 (of 205)

Rank in course/Men: 29 (of 189)

Best time in course: 2:16:04

Rank in category: 7(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	45:29	6:08	7	8:42	27	10:03	7.40	45:29	6:08	7	8:42	27	10:03
Burg Gleichen	8.53	56:14	6:35	7	12:19	34	13:41	15.93	1:41:43	6:23	6	21:01	29	23:44
Mühlburg	9.97	1:08:14	6:50	9	12:13	45	21:45	25.90	2:49:57	6:33	11	56:18	41	58:59
Sportplatz Mühlb	0.81	10:45	13:16	5	1:23	23	2:56	26.71	3:00:42	6:45	10	55:22	37	57:27