



Detailed evaluation

LAU, veronika

Club: vacha
Number: 1216

Course: 16.78 km
EXPERT

Category:
Frauen (20-29 Jahre)

Total time: 3:03:44

Speed: 5.48 km/h
Running performance: 10:57 min/km

Rank in course/Total: 386 (of 416)

Rank in course/Women: 68 (of 75)

Best time in course: 1:47:42

Rank in category: 17(of 20)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:09:25	9:22	16	24:14	67	24:14	7.40	1:09:25	9:22	16	24:14	67	24:14
Mühlberg	8.57	1:31:43	10:42	17	38:44	67	38:44	15.97	2:41:08	10:05	17	1:02:58	67	1:02:58
Sportplatz Mühlb	0.81	22:36	27:54	18	13:04	70	13:12	16.78	3:03:44	10:56	17	1:16:02	69	1:16:02