



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**GODER, Arvid**

Club: Bad Blankenburg  
Number: 163

Course: 9.50 km  
SPRINT

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:02:24

Speed: 4.66 km/h  
Running performance: 12:53 min/km

Rank in course/Total: 660 (of 673)

Rank in course/Men: 404 (of 411)

Best time in course: 43:20

Rank in category: 37(of 38)

Best time in the category: 59:30

### Intermediate times

### Stage score

### Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos | Behind  | Total | Total   | Total  | Pos  | Behind  | Pos | Behind  |
|------------------|-------|---------|--------|------|--------|-----|---------|-------|---------|--------|------|---------|-----|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Men | Men     | km    | Time    | min/km | Cat. | Cat.    | Men | Men     |
| Mühlburg         | 8.69  | 1:39:26 | 11:26  | 37   | 49:14  | 405 | 1:02:17 | 8.69  | 1:39:26 | 11:26  | 37   | 49:14   | 405 | 1:02:17 |
| Sportplatz Mühlb | 0.81  | 22:58   | 28:21  | 36   | 13:40  | 402 | 16:47   | 9.50  | 2:02:24 | 12:53  | 37   | 1:02:54 | 404 | 1:19:04 |