



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GODER, Arvid

Club: Bad Blankenburg
Number: 163

Course: 9.50 km
SPRINT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:02:24

Speed: 4.41 km/h
Running performance: 12:53 min/km

Rank in course/Total: 660 (of 673)

Rank in course/Men: 404 (of 411)

Best time in course: 43:20

Rank in category: 37(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:39:26	11:26	37	49:14	405	1:02:17	8.69	1:39:26	11:26	37	49:14	405	1:02:17
Sportplatz Mühlb	0.81	22:58	28:21	36	13:40	402	16:47	9.50	2:02:24	12:53	37	1:02:54	404	1:19:04