



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ERFURT, Nicole

Club: Bad Blankenburg
Number: 113

Course: 9.50 km
SPRINT

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:02:24

Speed: 4.41 km/h
Running performance: 12:53 min/km

Rank in course/Total: 661 (of 673)

Rank in course/Women: 255 (of 262)

Best time in course: 59:03

Rank in category: 20(of 20)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | | | | | | | | | |
| Mühlberg | 8.69 | 1:39:15 | 11:25 | 20 | 44:18 | 255 | 49:42 | 8.69 | 1:39:15 | 11:25 | 20 | 44:18 | 255 | 49:42 |
| Sportplatz Mühlb | 0.81 | 23:09 | 28:34 | 20 | 13:05 | 256 | 13:39 | 9.50 | 2:02:24 | 12:53 | 20 | 57:23 | 255 | 1:03:21 |