



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

SCHÖNTAG, Christian

Club: Eisenach  
Number: 1361

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:04:52

Speed: 5.19 km/h  
Running performance: 11:01 min/km

Rank in course/Total: 390 (of 416)

Rank in course/Men: 322 (of 341)

Best time in course: 1:17:13

Rank in category: 74(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:10:34	9:32	75	38:17	331	38:17	7.40	1:10:34	9:32	75	38:17	331	38:17
Mühlburg	8.57	1:34:01	10:58	75	56:13	324	56:17	15.97	2:44:35	10:18	75	1:34:30	328	1:34:32
Sportplatz Mühlb	0.81	20:17	25:02	70	13:04	307	13:07	16.78	3:04:52	11:01	74	1:47:34	326	1:47:39