



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**KNEISEL, Stefan**

Club: Gera

Number: 1182

Course: 16.78 km

EXPERT

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:41:01

Speed: 9.50 km/h

Running performance: 6:01 min/km

Rank in course/Total: 10 (of 416)

Rank in course/Men: 10 (of 341)

Best time in course: 1:17:13

Rank in category: 2(of 40)

Best time in the category: 1:27:30

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	41:29	5:36	2	5:06	9	9:12	7.40	41:29	5:36	2	5:06	9	9:12
Mühlburg	8.57	50:31	5:53	3	7:23	14	12:47	15.97	1:32:00	5:45	2	12:29	9	21:57
Sportplatz Mühlb	0.81	9:01	11:07	4	1:02	18	1:51	16.78	1:41:01	6:01	2	13:31	10	23:48