



Detailed evaluation

SEIDEL, Christina

Club: Gera

Number: 1374

Course: 16.78 km

EXPERT

Category:

Frauen (20-29 Jahre)

Total time: 3:02:18

Speed: 5.27 km/h

Running performance: 10:52 min/km

Rank in course/Total: 380 (of 416)

Rank in course/Women: 67 (of 75)

Best time in course: 1:47:42

Rank in category: 16(of 20)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:09:57	9:27	17	24:46	69	24:46	7.40	1:09:57	9:27	17	24:46	69	24:46
Mühlburg	8.57	1:30:44	10:35	16	37:45	66	37:45	15.97	2:40:41	10:03	16	1:02:31	66	1:02:31
Sportplatz Mühlb	0.81	21:37	26:41	17	12:05	68	12:13	16.78	3:02:18	10:51	16	1:14:36	68	1:14:36