



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KIRCHNER, Manuela

Club: Erfurt
Number: 1173

Course: 16.78 km
EXPERT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:05:08

Speed: 5.44 km/h
Running performance: 11:02 min/km

Rank in course/Total: 395 (of 416)

Rank in course/Women: 71 (of 75)

Best time in course: 1:47:42

Rank in category: 12(of 12)

Best time in the category: 1:51:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:09:13	9:21	10	23:47	65	24:02	7.40	1:09:13	9:21	10	23:47	65	24:02
Mühlburg	8.57	1:32:10	10:45	11	35:52	69	39:11	15.97	2:41:23	10:06	10	59:39	68	1:03:13
Sportplatz Mühlb	0.81	23:45	29:19	12	14:21	73	14:21	16.78	3:05:08	11:01	12	1:14:00	72	1:17:26