



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

LINK, Thomas

Club: Erfurt  
Number: 1222

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:05:08

Speed: 5.44 km/h  
Running performance: 11:02 min/km

Rank in course/Total: 396 (of 416)

Rank in course/Men: 325 (of 341)

Best time in course: 1:17:13

Rank in category: 75(of 75)

Best time in the category: 1:17:18

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:09:39	9:24	74	37:22	325	37:22	7.40	1:09:39	9:24	74	37:22	325	37:22
Mühlburg	8.57	1:31:34	10:41	72	53:46	313	53:50	15.97	2:41:13	10:05	74	1:31:08	321	1:31:10
Sportplatz Mühlb	0.81	23:55	29:31	75	16:42	336	16:45	16.78	3:05:08	11:01	75	1:47:50	329	1:47:55