



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

SCHILLING, Uwe

Club: Saalfeld
Number: 2195

Course: 26.71 km
BERSERKER

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:08:04

Speed: 8.29 km/h
Running performance: 7:02 min/km

Rank in course/Total: 47 (of 205)

Rank in course/Men: 44 (of 189)

Best time in course: 2:16:04

Rank in category: 7(of 19)

Best time in the category: 2:45:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:02	6:37	9	3:36	58	13:36	7.40	49:02	6:37	9	3:36	58	13:36
Burg Gleichen	8.53	58:40	6:52	8	12:29	54	16:07	15.93	1:47:42	6:45	7	16:05	51	29:43
Mühlburg	9.97	1:09:03	6:55	8	8:26	49	22:34	25.90	2:56:45	6:49	8	1:05:47	57	1:05:47
Sportplatz Mühlb	0.81	11:19	13:58	4	2:27	31	3:30	26.71	3:08:04	7:02	8	1:04:49	52	1:04:49