



## Detailed evaluation

### KNEISE, Wolfram

Club: Arnstadt  
Number: 2126

Course: 26.71 km  
BERSERKER

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:06:11

Speed: 8.61 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 42 (of 205)

Rank in course/Men: 37 (of 189)

Best time in course: 2:16:04

Rank in category: 10(of 45)

Best time in the category: 2:16:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	49:57	6:45	18	13:03	66	14:31	7.40	49:57	6:45	18	13:03	66	14:31
Burg Gleichen	8.53	57:52	6:47	12	13:49	48	15:19	15.93	1:47:49	6:46	15	26:39	53	29:50
Mühlberg	9.97	1:04:50	6:30	7	18:21	29	18:21	25.90	2:52:39	6:39	11	45:00	48	1:01:41
Sportplatz Mühlb	0.81	13:32	16:42	12	5:43	60	5:43	26.71	3:06:11	6:58	11	50:07	45	1:02:56