



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

POHL, Bianka

Club: Erfurt
Number: 1288

Course: 16.78 km
EXPERT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:05:07

Speed: 5.19 km/h
Running performance: 11:02 min/km

Rank in course/Total: 392 (of 416)

Rank in course/Women: 69 (of 75)

Best time in course: 1:47:42

Rank in category: 11(of 12)

Best time in the category: 1:51:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:09:13	9:21	10	23:47	65	24:02	7.40	1:09:13	9:21	10	23:47	65	24:02
Mühlberg	8.57	1:32:13	10:45	12	35:55	70	39:14	15.97	2:41:26	10:06	11	59:42	69	1:03:16
Sportplatz Mühlb	0.81	23:41	29:14	11	14:17	72	14:17	16.78	3:05:07	11:01	11	1:13:59	70	1:17:25