



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HERMANN, Nils

Club: Weimar
Number: 1122

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:57:38

Speed: 5.67 km/h
Running performance: 10:35 min/km

Rank in course/Total: 378 (of 416)

Rank in course/Men: 313 (of 341)

Best time in course: 1:17:13

Rank in category: 72(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:08:38	9:16	72	36:21	317	36:21	7.40	1:08:38	9:16	72	36:21	317	36:21
Mühlburg	8.57	1:29:17	10:25	71	51:29	310	51:33	15.97	2:37:55	9:53	72	1:27:50	315	1:27:52
Sportplatz Mühlb	0.81	19:43	24:20	69	12:30	304	12:33	16.78	2:57:38	10:35	72	1:40:20	317	1:40:25