



## Detailed evaluation

**HERMANN, Nils**

Club: Weimar  
Number: 1122

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:57:38

Speed: 5.40 km/h  
Running performance: 10:35 min/km

Rank in course/Total: 378 (of 416)

Rank in course/Men: 313 (of 341)

Best time in course: 1:17:13

Rank in category: 72(of 75)

Best time in the category: 1:17:18

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:08:38	9:16	72	36:21	317	36:21	7.40	1:08:38	9:16	72	36:21	317	36:21
Mühlburg	8.57	1:29:17	10:25	71	51:29	310	51:33	15.97	2:37:55	9:53	72	1:27:50	315	1:27:52
Sportplatz Mühlb	0.81	19:43	24:20	69	12:30	304	12:33	16.78	2:57:38	10:35	72	1:40:20	317	1:40:25