



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HELD, Andreas

Club: Merseburg
Number: 2095

Course: 26.71 km
BERSERKER

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:09:12

Speed: 8.47 km/h
Running performance: 7:05 min/km

Rank in course/Total: 48 (of 205)

Rank in course/Men: 45 (of 189)

Best time in course: 2:16:04

Rank in category: 8(of 19)

Best time in the category: 2:45:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:00	6:37	8	3:34	57	13:34	7.40	49:00	6:37	8	3:34	57	13:34
Burg Gleichen	8.53	59:34	6:58	10	13:23	62	17:01	15.93	1:48:34	6:48	10	16:57	58	30:35
Mühlberg	9.97	1:08:32	6:52	7	7:55	47	22:03	25.90	2:57:06	6:50	9	1:06:08	58	1:06:08
Sportplatz Mühlb	0.81	12:06	14:56	5	3:14	35	4:17	26.71	3:09:12	7:05	9	1:05:57	53	1:05:57