



Detailed evaluation

JANCA, Norman

Club: Saalfeld
Number: 1150

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:08:55

Speed: 5.08 km/h
Running performance: 11:16 min/km

Rank in course/Total: 399 (of 416)

Rank in course/Men: 328 (of 341)

Best time in course: 1:17:13

Rank in category: 72(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:10:39	9:32	73	33:18	333	38:22	7.40	1:10:39	9:32	73	33:18	333	38:22
Mühlburg	8.57	1:36:17	11:14	72	50:13	329	58:33	15.97	2:46:56	10:27	72	1:23:31	330	1:36:53
Sportplatz Mühlb	0.81	21:59	27:08	71	14:02	327	14:49	16.78	3:08:55	11:15	72	1:37:33	332	1:51:42