



Detailed evaluation

RECKNAGEL, Nicole

Club: Altersbach
Number: 1306

Course: 16.78 km
EXPERT

Category:
Frauen (20-29 Jahre)

Total time: 3:14:28

Speed: 5.18 km/h
Running performance: 11:35 min/km

Rank in course/Total: 401 (of 416)

Rank in course/Women: 72 (of 75)

Best time in course: 1:47:42

Rank in category: 18(of 20)

Best time in the category: 1:47:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	1:16:54	10:23	18	31:43	73	31:43	7.40	1:16:54	10:23	18	31:43	73	31:43
Mühlburg	8.57	1:36:50	11:17	18	43:51	72	43:51	15.97	2:53:44	10:52	18	1:15:34	72	1:15:34
Sportplatz Mühlb	0.81	20:44	25:35	16	11:12	65	11:20	16.78	3:14:28	11:35	18	1:26:46	73	1:26:46