



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GASCH, Christian

Club: free-OCR-runners
Number: 2068

Course: 26.71 km
BERSERKER

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:17:48

Speed: 7.89 km/h
Running performance: 7:25 min/km

Rank in course/Total: 59 (of 205)

Rank in course/Men: 56 (of 189)

Best time in course: 2:16:04

Rank in category: 14(of 45)

Best time in the category: 2:16:04

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Wachsenburg | 7.40 | 50:07 | 6:46 | 19 | 13:13 | 67 | 14:41 | 7.40 | 50:07 | 6:46 | 19 | 13:13 | 67 | 14:41 |
| Burg Gleichen | 8.53 | 59:04 | 6:55 | 16 | 15:01 | 57 | 16:31 | 15.93 | 1:49:11 | 6:51 | 16 | 28:01 | 60 | 31:12 |
| Mühlburg | 9.97 | 1:15:34 | 7:34 | 16 | 29:05 | 70 | 29:05 | 25.90 | 3:04:45 | 7:07 | 18 | 57:06 | 70 | 1:13:47 |
| Sportplatz Mühlb | 0.81 | 13:03 | 16:06 | 8 | 5:14 | 49 | 5:14 | 26.71 | 3:17:48 | 7:24 | 16 | 1:01:44 | 65 | 1:14:33 |