



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HAUSER, Jens

Club: Altenburg
Number: 2090

Course: 26.71 km
BERSERKER

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:19:40

Speed: 8.03 km/h
Running performance: 7:29 min/km

Rank in course/Total: 67 (of 205)

Rank in course/Men: 64 (of 189)

Best time in course: 2:16:04

Rank in category: 11(of 19)

Best time in the category: 2:45:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	48:38	6:34	6	3:12	50	13:12	7.40	48:38	6:34	6	3:12	50	13:12
Burg Gleichen	8.53	55:20	6:29	3	9:09	27	12:47	15.93	1:43:58	6:31	5	12:21	40	25:59
Mühlberg	9.97	1:22:06	8:14	17	21:29	109	35:37	25.90	3:06:04	7:11	13	1:15:06	74	1:15:06
Sportplatz Mühlb	0.81	13:36	16:47	10	4:44	63	5:47	26.71	3:19:40	7:28	12	1:16:25	74	1:16:25