



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KEIDERLING, Benjamin

Club: Suhl

Number: 2121

Course: 26.71 km

BERSERKER

Category:

Männer (20-29 Jahre)

Total time: 3:20:47

Speed: 7.77 km/h

Running performance: 7:31 min/km

Rank in course/Total: 70 (of 205)

Rank in course/Men: 66 (of 189)

Best time in course: 2:16:04

Rank in category: 8(of 46)

Best time in the category: 2:21:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:18	6:39	9	11:37	59	13:52	7.40	49:18	6:39	9	11:37	59	13:52
Burg Gleichen	8.53	59:23	6:57	10	15:08	60	16:50	15.93	1:48:41	6:49	9	26:45	59	30:42
Mühlberg	9.97	1:17:04	7:43	13	25:57	82	30:35	25.90	3:05:45	7:10	11	1:01:22	73	1:14:47
Sportplatz Mühlb	0.81	15:02	18:33	18	6:39	91	7:13	26.71	3:20:47	7:31	10	1:05:24	76	1:17:32