



## Detailed evaluation

**PRAGER, Andreas**

Club: Gera  
Number: 2179

Course: 26.71 km  
BERSERKER

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:27:12

Speed: 7.73 km/h  
Running performance: 7:46 min/km

Rank in course/Total: 80 (of 205)

Rank in course/Men: 77 (of 189)

Best time in course: 2:16:04

Rank in category: 20(of 45)

Best time in the category: 2:16:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	51:39	6:58	23	14:45	82	16:13	7.40	51:39	6:58	23	14:45	82	16:13
Burg Gleichen	8.53	1:04:23	7:32	25	20:20	94	21:50	15.93	1:56:02	7:17	25	34:52	87	38:03
Mühlburg	9.97	1:16:39	7:41	19	30:10	78	30:10	25.90	3:12:41	7:26	21	1:05:02	89	1:21:43
Sportplatz Mühlb	0.81	14:31	17:55	18	6:42	78	6:42	26.71	3:27:12	7:45	23	1:11:08	87	1:23:57