



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HENNEBERG, Alexander

Club: Gera
Number: 2097

Course: 26.71 km
BERSERKER

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:27:12

Speed: 7.53 km/h
Running performance: 7:46 min/km

Rank in course/Total: 82 (of 205)

Rank in course/Men: 77 (of 189)

Best time in course: 2:16:04

Rank in category: 13(of 19)

Best time in the category: 2:45:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	51:53	7:00	14	6:27	88	16:27	7.40	51:53	7:00	14	6:27	88	16:27
Burg Gleichen	8.53	1:04:08	7:31	13	17:57	90	21:35	15.93	1:56:01	7:16	13	24:24	86	38:02
Mühlburg	9.97	1:16:39	7:41	14	16:02	78	30:10	25.90	3:12:40	7:26	14	1:21:42	88	1:21:42
Sportplatz Mühlb	0.81	14:32	17:56	12	5:40	79	6:43	26.71	3:27:12	7:45	14	1:23:57	87	1:23:57