



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KREITER, Roland

Club: Nürnberg
Number: 2135

Course: 26.71 km
BERSERKER

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:30:32

Speed: 7.61 km/h
Running performance: 7:53 min/km

Rank in course/Total: 89 (of 205)

Rank in course/Men: 86 (of 189)

Best time in course: 2:16:04

Rank in category: 21(of 45)

Best time in the category: 2:16:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	48:47	6:35	16	11:53	53	13:21	7.40	48:47	6:35	16	11:53	53	13:21
Burg Gleichen	8.53	1:01:44	7:14	20	17:41	76	19:11	15.93	1:50:31	6:56	19	29:21	68	32:32
Mühlberg	9.97	1:24:49	8:30	34	38:20	130	38:20	25.90	3:15:20	7:32	22	1:07:41	93	1:24:22
Sportplatz Mühlb	0.81	15:12	18:45	22	7:23	97	7:23	26.71	3:30:32	7:52	24	1:14:28	96	1:27:17