



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FRITSCHKE, Uwe

Club: Saalfeld  
Number: 1079

Course: 16.78 km  
EXPERT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:59:25

Speed: 8.04 km/h  
Running performance: 7:07 min/km

Rank in course/Total: 80 (of 416)

Rank in course/Men: 75 (of 341)

Best time in course: 1:17:13

Rank in category: 21(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:59	6:45	24	12:38	86	17:42	7.40	49:59	6:45	24	12:38	86	17:42
Mühlburg	8.57	58:34	6:50	21	12:30	74	20:50	15.97	1:48:33	6:47	21	25:08	74	38:30
Sportplatz Mühlb	0.81	10:52	13:24	21	2:55	87	3:42	16.78	1:59:25	7:06	21	28:03	77	42:12