



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BEHNKE, Dirk

Club: Fürth
Number: 2018

Course: 26.71 km
BERSERKER

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:19:43

Speed: 8.02 km/h
Running performance: 7:29 min/km

Rank in course/Total: 68 (of 205)

Rank in course/Men: 65 (of 189)

Best time in course: 2:16:04

Rank in category: 2(of 8)

Best time in the category: 3:02:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	54:20	7:20	7	8:20	112	18:54	7.40	54:20	7:20	7	8:20	112	18:54
Burg Gleichen	8.53	1:02:14	7:17	3	7:43	78	19:41	15.93	1:56:34	7:19	4	16:03	90	38:35
Mühlburg	9.97	1:10:21	7:03	2	3:37	53	23:52	25.90	3:06:55	7:13	2	19:40	77	1:15:57
Sportplatz Mühlb	0.81	12:48	15:48	1	-	44	4:59	26.71	3:19:43	7:28	2	17:20	75	1:16:28