



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FRIEDEMANN, Marco

Club: Altenburg  
Number: 2061

Course: 26.71 km  
BERSERKER

Category:  
Senioren M35 (35-39 Jahre)

Total time: 3:34:20

Speed: 7.48 km/h  
Running performance: 8:01 min/km

Rank in course/Total: 93 (of 205)

Rank in course/Men: 89 (of 189)

Best time in course: 2:16:04

Rank in category: 18(of 39)

Best time in the category: 2:21:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	51:50	7:00	17	14:56	84	16:24	7.40	51:50	7:00	17	14:56	84	16:24
Burg Gleichen	8.53	1:04:54	7:36	18	20:15	103	22:21	15.93	1:56:44	7:19	18	35:11	92	38:45
Mühlberg	9.97	1:22:25	8:15	24	31:50	111	35:56	25.90	3:19:09	7:41	19	1:07:01	102	1:28:11
Sportplatz Mühlb	0.81	15:11	18:44	20	7:14	95	7:22	26.71	3:34:20	8:01	19	1:13:17	99	1:31:05