



Detailed evaluation

JACOB, Dominic

Club: Ockenheim
Number: 2114

Course: 26.71 km
BERSERKER

Category:
Männer (20-29 Jahre)

Total time: 3:34:54

Speed: 7.26 km/h
Running performance: 8:03 min/km

Rank in course/Total: 96 (of 205)

Rank in course/Men: 92 (of 189)

Best time in course: 2:16:04

Rank in category: 17(of 46)

Best time in the category: 2:21:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	55:39	7:31	21	17:58	118	20:13	7.40	55:39	7:31	21	17:58	118	20:13
Burg Gleichen	8.53	1:06:03	7:44	24	21:48	113	23:30	15.93	2:01:42	7:38	24	39:46	116	43:43
Mühlberg	9.97	1:20:23	8:03	18	29:16	99	33:54	25.90	3:22:05	7:48	22	1:17:42	113	1:31:07
Sportplatz Mühlb	0.81	12:49	15:49	7	4:26	45	5:00	26.71	3:34:54	8:02	19	1:19:31	102	1:31:39