



Detailed evaluation

KREHL, Heiko

Club: Altenburg
Number: 2134

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:34:19

Speed: 7.28 km/h
Running performance: 8:01 min/km

Rank in course/Total: 92 (of 205)

Rank in course/Men: 88 (of 189)

Best time in course: 2:16:04

Rank in category: 13(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	58:14	7:52	21	21:27	152	22:48	7.40	58:14	7:52	21	21:27	152	22:48
Burg Gleichen	8.53	1:04:28	7:33	14	20:33	97	21:55	15.93	2:02:42	7:42	17	42:00	122	44:43
Mühlberg	9.97	1:16:26	7:39	15	20:25	76	29:57	25.90	3:19:08	7:41	17	1:25:29	101	1:28:10
Sportplatz Mühlb	0.81	15:11	18:44	15	5:49	95	7:22	26.71	3:34:19	8:01	16	1:28:59	98	1:31:04