



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

HEYM, Steven

Club: Magdala  
Number: 2100

Course: 26.71 km  
BERSERKER

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:39:06

Speed: 7.31 km/h  
Running performance: 8:12 min/km

Rank in course/Total: 111 (of 205)

Rank in course/Men: 106 (of 189)

Best time in course: 2:16:04

Rank in category: 27(of 45)

Best time in the category: 2:16:04

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:20	7:12	26	16:26	95	17:54	7.40	53:20	7:12	26	16:26	95	17:54
Burg Gleichen	8.53	1:04:35	7:34	27	20:32	99	22:02	15.93	1:57:55	7:24	28	36:45	97	39:56
Mühlberg	9.97	1:23:50	8:24	29	37:21	120	37:21	25.90	3:21:45	7:47	27	1:14:06	110	1:30:47
Sportplatz Mühlb	0.81	17:21	21:25	34	9:32	135	9:32	26.71	3:39:06	8:12	30	1:23:02	116	1:35:51