



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KOCH, Christian

Club: trusetal
Number: 2128

Course: 26.71 km
BERSERKER

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:38:59

Speed: 7.12 km/h
Running performance: 8:12 min/km

Rank in course/Total: 108 (of 205)

Rank in course/Men: 103 (of 189)

Best time in course: 2:16:04

Rank in category: 21(of 39)

Best time in the category: 2:21:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	51:55	7:00	18	15:01	90	16:29	7.40	51:55	7:00	18	15:01	90	16:29
Burg Gleichen	8.53	1:04:12	7:31	17	19:33	92	21:39	15.93	1:56:07	7:17	17	34:34	88	38:08
Mühlberg	9.97	1:25:11	8:32	29	34:36	131	38:42	25.90	3:21:18	7:46	21	1:09:10	109	1:30:20
Sportplatz Mühlb	0.81	17:41	21:49	30	9:44	139	9:52	26.71	3:38:59	8:11	22	1:17:56	113	1:35:44