



Detailed evaluation

RÖNNERT, Marcus

Club: Haina
Number: 2189

Course: 26.71 km
BERSERKER

Category:
Männer (20-29 Jahre)

Total time: 3:39:34

Speed: 7.10 km/h
Running performance: 8:13 min/km

Rank in course/Total: 118 (of 205)

Rank in course/Men: 111 (of 189)

Best time in course: 2:16:04

Rank in category: 21(of 46)

Best time in the category: 2:21:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	56:23	7:37	28	18:42	131	20:57	7.40	56:23	7:37	28	18:42	131	20:57
Burg Gleichen	8.53	1:07:46	7:56	31	23:31	132	25:13	15.93	2:04:09	7:47	30	42:13	133	46:10
Mühlberg	9.97	1:18:41	7:53	15	27:34	91	32:12	25.90	3:22:50	7:49	24	1:18:27	118	1:31:52
Sportplatz Mühlb	0.81	16:44	20:39	24	8:21	117	8:55	26.71	3:39:34	8:13	23	1:24:11	121	1:36:19