



Detailed evaluation

POHLE, Sabrina

Club: Gräfenhain
Number: 2178

Course: 26.71 km
BERSERKER

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 3:40:36

Speed: 7.26 km/h
Running performance: 8:16 min/km

Rank in course/Total: 120 (of 205)

Rank in course/Women: 7 (of 16)

Best time in course: 2:54:18

Rank in category: 1(of 2)

Best time in the category: 3:40:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	57:14	7:44	2	6:32	8	11:34	7.40	57:14	7:44	2	6:32	8	11:34
Burg Gleichen	8.53	1:08:34	8:02	1	-	8	13:53	15.93	2:05:48	7:53	1	-	6	25:27
Mühlberg	9.97	1:18:05	7:49	2	18:47	7	18:47	25.90	3:23:53	7:52	2	1:33:53	8	1:33:53
Sportplatz Mühlb	0.81	16:43	20:38	1	-	6	5:37	26.71	3:40:36	8:15	1	-	7	46:18