



**LEGEND OF CROSS**  
Mühlberg / 05.11.2017

Detailed evaluation

**POHLE, Sabrina**

Club: Gräfenhain  
Number: 2178

Course: 26.71 km  
BERSERKER

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 3:40:36

Speed: 7.07 km/h  
Running performance: 8:16 min/km

Rank in course/Total: 120 (of 205)

Rank in course/Women: 7 (of 16)

Best time in course: 2:54:18

Rank in category: 1(of 2)

Best time in the category: 3:40:36

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Wachsenburg        | 7.40     | 57:14      | 7:44         | 2           | 6:32        | 8         | 11:34        | 7.40          | 57:14      | 7:44         | 2        | 6:32        | 8         | 11:34        |
| Burg Gleichen      | 8.53     | 1:08:34    | 8:02         | 1           | -           | 8         | 13:53        | 15.93         | 2:05:48    | 7:53         | 1        | -           | 6         | 25:27        |
| Mühlberg           | 9.97     | 1:18:05    | 7:49         | 2           | 18:47       | 7         | 18:47        | 25.90         | 3:23:53    | 7:52         | 2        | 1:33:53     | 8         | 1:33:53      |
| Sportplatz Mühlb   | 0.81     | 16:43      | 20:38        | 1           | -           | 6         | 5:37         | 26.71         | 3:40:36    | 8:15         | 1        | -           | 7         | 46:18        |