



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BOCHOW, Christopher

Club: Magdala
Number: 2025

Course: 26.71 km
BERSERKER

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:39:07

Speed: 7.31 km/h
Running performance: 8:12 min/km

Rank in course/Total: 113 (of 205)

Rank in course/Men: 108 (of 189)

Best time in course: 2:16:04

Rank in category: 28(of 45)

Best time in the category: 2:16:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	53:21	7:12	27	16:27	97	17:55	7.40	53:21	7:12	27	16:27	97	17:55
Burg Gleichen	8.53	1:04:48	7:35	28	20:45	101	22:15	15.93	1:58:09	7:25	29	36:59	98	40:10
Mühlburg	9.97	1:24:28	8:28	31	37:59	124	37:59	25.90	3:22:37	7:49	29	1:14:58	116	1:31:39
Sportplatz Mühlb	0.81	16:30	20:22	29	8:41	112	8:41	26.71	3:39:07	8:12	31	1:23:03	118	1:35:52