



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ALBRECHT, Stefan

Club: Langenhain
Number: 2003

Course: 26.71 km
BERSERKER

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:36:19

Speed: 7.21 km/h
Running performance: 8:06 min/km

Rank in course/Total: 105 (of 205)

Rank in course/Men: 98 (of 189)

Best time in course: 2:16:04

Rank in category: 5(of 8)

Best time in the category: 3:02:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	54:19	7:20	6	8:19	111	18:53	7.40	54:19	7:20	6	8:19	111	18:53
Burg Gleichen	8.53	1:07:07	7:52	6	12:36	124	24:34	15.93	2:01:26	7:37	6	20:55	109	43:27
Mühlburg	9.97	1:18:03	7:49	4	11:19	89	31:34	25.90	3:19:29	7:42	5	32:14	106	1:28:31
Sportplatz Mühlb	0.81	16:50	20:46	5	4:02	123	9:01	26.71	3:36:19	8:05	5	33:56	108	1:33:04