



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GABRIEL, Wolfgang

Club: Magdala
Number: 2065

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:39:06

Speed: 7.12 km/h
Running performance: 8:12 min/km

Rank in course/Total: 112 (of 205)

Rank in course/Men: 106 (of 189)

Best time in course: 2:16:04

Rank in category: 15(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:20	7:12	16	16:33	95	17:54	7.40	53:20	7:12	16	16:33	95	17:54
Burg Gleichen	8.53	1:04:29	7:33	15	20:34	98	21:56	15.93	1:57:49	7:23	14	37:07	95	39:50
Mühlberg	9.97	1:24:03	8:25	18	28:02	121	37:34	25.90	3:21:52	7:47	18	1:28:13	111	1:30:54
Sportplatz Mühlb	0.81	17:14	21:16	20	7:52	132	9:25	26.71	3:39:06	8:12	18	1:33:46	116	1:35:51