



Detailed evaluation

SCHäFER, Ingo

Club: Apfelstädt
Number: 2193

Course: 26.71 km
BERSERKER

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:56:21

Speed: 6.78 km/h
Running performance: 8:51 min/km

Rank in course/Total: 155 (of 205)

Rank in course/Men: 145 (of 189)

Best time in course: 2:16:04

Rank in category: 32(of 39)

Best time in the category: 2:21:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	57:50	7:48	28	20:56	149	22:24	7.40	57:50	7:48	28	20:56	149	22:24
Burg Gleichen	8.53	1:09:35	8:09	30	24:56	144	27:02	15.93	2:07:25	7:59	28	45:52	147	49:26
Mühlberg	9.97	1:31:57	9:13	34	41:22	162	45:28	25.90	3:39:22	8:28	33	1:27:14	160	1:48:24
Sportplatz Mühlb	0.81	16:59	20:58	25	9:02	127	9:10	26.71	3:56:21	8:50	33	1:35:18	156	1:53:06