



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

DOLD, Michael

Club: Ammerbuch
Number: 2043

Course: 26.71 km
BERSERKER

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:54:59

Speed: 6.64 km/h
Running performance: 8:48 min/km

Rank in course/Total: 152 (of 205)

Rank in course/Men: 142 (of 189)

Best time in course: 2:16:04

Rank in category: 30(of 39)

Best time in the category: 2:21:03

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:02:01	8:22	35	25:07	170	26:35	7.40	1:02:01	8:22	35	25:07	170	26:35
Burg Gleichen	8.53	1:13:44	8:38	32	29:05	155	31:11	15.93	2:15:45	8:31	34	54:12	161	57:46
Mühlburg	9.97	1:20:30	8:04	19	29:55	101	34:01	25.90	3:36:15	8:20	32	1:24:07	154	1:45:17
Sportplatz Mühlb	0.81	18:44	23:07	33	10:47	155	10:55	26.71	3:54:59	8:47	31	1:33:56	152	1:51:44