



Detailed evaluation

JORDAN, Lars

Club: Poing
Number: 2116

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:43:01

Speed: 6.99 km/h
Running performance: 8:21 min/km

Rank in course/Total: 124 (of 205)

Rank in course/Men: 117 (of 189)

Best time in course: 2:16:04

Rank in category: 17(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	52:19	7:04	14	15:32	92	16:53	7.40	52:19	7:04	14	15:32	92	16:53
Burg Gleichen	8.53	1:04:22	7:32	13	20:27	93	21:49	15.93	1:56:41	7:19	13	35:59	91	38:42
Mühlberg	9.97	1:26:43	8:41	21	30:42	140	40:14	25.90	3:23:24	7:51	20	1:29:45	119	1:32:26
Sportplatz Mühlb	0.81	19:37	24:13	23	10:15	164	11:48	26.71	3:43:01	8:20	20	1:37:41	127	1:39:46