



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ERDMANN, Mirko

Club: Neudietendorf
Number: 2050

Course: 26.71 km
BERSERKER

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:51:58

Speed: 6.91 km/h
Running performance: 8:41 min/km

Rank in course/Total: 148 (of 205)

Rank in course/Men: 138 (of 189)

Best time in course: 2:16:04

Rank in category: 19(of 25)

Best time in the category: 2:29:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	59:04	7:58	22	22:17	159	23:38	7.40	59:04	7:58	22	22:17	159	23:38
Burg Gleichen	8.53	1:09:55	8:11	19	26:00	146	27:22	15.93	2:08:59	8:05	19	48:17	151	51:00
Mühlburg	9.97	1:26:08	8:38	20	30:07	136	39:39	25.90	3:35:07	8:18	22	1:41:28	152	1:44:09
Sportplatz Mühlb	0.81	16:51	20:48	17	7:29	124	9:02	26.71	3:51:58	8:41	22	1:46:38	148	1:48:43